



2025 - 2026 PE LONG TERM PLAN

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<u>Reception</u>	Me & Myself + meaningful movement	Movement & Development + large apparatus	Throwing and catching	Ball skills	Fun & Games	Working with others
<u>Year 1</u>	Handball Active Bodies	Gymnastics 1 Active Bodies	Dance Active Bodies	Orienteering Active Bodies	Athletics Active Bodies	Fitness Active Bodies
<u>Year 2</u>	Dance Basketball	Gymnastics 1 Tag Rugby	Gymnastics 2 Orienteering	Fitness Cricket	Dodgeball Hockey	Badminton Athletics
<u>Year 3</u>	Dodgeball Football	Gymnastics 1 Netball	Dance Volleyball	Gymnastics 2 Golf	Fitness Athletics	Orienteering Rounders
<u>Year 4</u>	Gymnastics Hockey/Swimming	Dodgeball Tag Rugby/Swimming	Badminton Basketball	Dance Orienteering	Fitness Athletics	Tennis Cricket
<u>Year 5</u>	Handball Football	Gymnastics 1 Golf	Dance Volleyball	Gymnastics 2 Netball	Fitness Orienteering	Athletics Rounders
<u>Year 6</u>	Gymnastics Tag Rugby	Fitness Handball	Dance Basketball	Volleyball Orienteering	Gymnastics 2 Rounders	

Indoor

Outdoor