

# Brookside Primary School - Curriculum Overview UKS2



|        | Autumn 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Autumn 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Spring 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Spring 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Summer 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Summer 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| Year 5 | <p><b><u>Relationships:</u></b><br/><b>TEAM</b></p> <p>This unit entitled TEAM (Together Everyone Achieves More) focuses on the positive qualities of a team, learning how to disagree respectfully and communicate effectively. It looks at the key qualities and skills needed for a team to be successful. The lessons address collaborative learning and teach children how to compromise to ensure a group task is completed successfully. Children will discuss different types and effects of unkind behaviour and explore strategies for helping situations by creating team support networks. The unit ends by addressing the importance of caring for team members and the shared responsibilities a team has.</p> | <p><b><u>Health &amp; Well-Being:</u></b><br/><b>Think Positive</b></p> <p>This unit is designed to help children further develop their understanding about thoughts and emotions, both positive and negative. The lessons centre around themes such as the links between our thoughts, feelings and emotions, making good choices and mindfulness and applying a growth mindset approach to life.</p>                                                                                                                                                                                                                                                                                      | <p><b><u>Living in the Wider World:</u></b><br/><b>Diverse Britain</b></p> <p>This unit is inspired by the idea that Britain represents a wide range of faiths and ethnicities and that the structures within it are there to support all. It aims to enable the children to identify how they can make a positive contribution to the community. In this unit, children learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in British society.</p>                                                                                                                    | <p><b><u>Relationships:</u></b><br/><b>Be Yourself</b></p> <p>This unit is inspired by the idea that we are all individuals and that it is important to 'be yourself'. It aims to encourage the children to develop a positive view of themselves and enable them to recognise the importance of being proud of their individuality. In this unit, children focus on the importance of recognising situations where they need to make positive choices in order to do the right thing. They also explore how to avoid being led into tricky situations and how to recognise and respond to peer pressure. The unit will also look at how to be confident and how to manage uncomfortable feelings. The unit ends by helping the children to investigate how to make things right when they make a mistake.</p>                                                                                                                                       | <p><b><u>Living in the Wider World:</u></b><br/><b>Aiming High</b></p> <p>In this unit of work, children will focus on achievements, aspirations and opportunities. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. Children will look at challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles. They will identify opportunities that are available to them now and those which may be available to them in the future. Stereotypes in the world of work will be addressed, as children are encouraged to consider jobs they would like to do and the skills needed to do those jobs. Children will also reflect on their personal goals and the steps they can take to achieve these in the future.</p>                                                                                                                                                                                                                                         | <p><b><u>Health &amp; Well-Being:</u></b><br/><b>Growing Up</b></p> <p>In this unit of work, children will learn about how to take care of their bodies. This will involve learning about consent and autonomy, learning about body image and stereotypes and learning about substances which are harmful to our bodies. Children will also learn about the importance of sleep, exercise and hygiene. Lessons will explore the things that influence the way people think about their bodies, where different pressures can come from and how these pressures can be resisted.</p> |
| Year 6 | <p><b><u>Relationships:</u></b><br/><b>VIPs</b></p> <p>This unit entitled VIPs (Very Important Persons) will focus on relationships. Children will identify who their VIPs are within their families and friendship groups and how important kindness and respect are within these relationships. The unit addresses conflicts and resolutions in relationships. The children will also look at the secrets and dares as well as healthy and unhealthy relationships.</p>                                                                                                                                                                                                                                                    | <p><b><u>Health &amp; Well-Being:</u></b><br/><b>Safety First</b></p> <p>Children will consider what it means to take responsibility for their own safety, including the decisions they make and how they can stand up to peer pressure in a range of situations. They will assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation and how to get help when needed. Children will look at hazards, dangers and risks, both inside the home and outdoors, and they will identify strategies for safe use of roads, railways, water and fireworks.</p> | <p><b><u>Living in the Wider World:</u></b><br/><b>One World</b></p> <p>This unit is based on the concept that we all have a responsibility to live as global citizens. It is inspired by the idea that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. Children explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming. In this unit, children also learn about the steps they can take to reduce these harmful effects. They will learn about biodiversity and its importance and explore what they would like to do to make the world a better place.</p> | <p><b><u>Relationships:</u></b><br/><b>Digital Well-Being</b></p> <p>In this unit children will consider ways they can use the Internet positively and how they can look after their wellbeing while being online. Children will learn about potential risks of being online as well as strategies to stay safe and how to get help. They will learn about online relationships and what a respectful and healthy online relationship looks like, as well as signs of an inappropriate online relationship. The benefits and risk of social media will also be explored, as well as how social media can be used responsibly. Children will learn how to recognise what online bullying looks like and how to help make it stop. Finally, the concept of 'fake news' will be explored with children learning how to be able to tell if something online is reliable or not and what they can do to stop the spreading of unreliable information.</p> | <p><b><u>Living in the Wider World:</u></b><br/><b>Money Matters</b></p> <p>Children will begin by exploring currencies around the world and developing their understanding of exchange rates. They will review the different payment methods available. Learning will consider factors that may influence people's spending, such as value for money, ethical spending choices and offers or advertisements. Children will learn about budgets, identifying how people can make and manage a budget. They will learn about how money can affect people's emotions and discuss the importance of talking to people they trust if they are at all worried or concerned. This unit also covers online spending, such as Internet shopping and online money transfers. Children will learn about online financial risks and ways people can keep their money and personal information secure. The unit concludes by exploring different factors which may influence people's employment choices and considering the different ways people can make positive contributions to society.</p> | <p><b><u>Health &amp; Well-Being:</u></b><br/><b>Growing Up</b></p> <p>This topic builds on children's knowledge of how we grow and change, both physically and emotionally, and the types of relationships that people have. Children will learn how babies are conceived and born. They will also learn about positive body images and stereotypes.</p>                                                                                                                                                                                                                           |