



## Intent

From September 2026 all infant, junior and primary schools within OAK Trust will adopt a new PSHE curriculum for Year 1-6, informed by Twinkl Life. These units will build on the solid foundations that have been built in the EYFS. Our EYFS curriculum focuses on the three main areas of self-regulation, managing self and building relationships. PSED is both planned for and threaded throughout the whole curriculum. It is happening all day every day in the interactions that take place between our children and practitioners. Planned lessons ensure key learning objectives are taught at the most appropriate time for each cohort. It is our intention that every child will achieve the three Early Learning Goals for PSED in their Reception year.

Each unit of our new PSHE curriculum for Y1-6 has been carefully reviewed and adapted by our Trust PSHE coordinators to ensure it meets the specific needs of our children and families. We have worked in close consultation with our families, particularly in the case of RSE content and teaching, ensuring our curriculum reflects and respects our school community. Our PSHE curriculum includes the teaching of RSE, Citizenship and British Values, which are woven throughout our curriculum. It aims to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, our children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Successful PSHE curriculum coverage is a vital tool in preparing children for life in society now and in the future. Lessons in our curriculum have their foundations in seeing each and everybody's value in society, from appreciation of others in units such as Diverse Britain, to promoting strong and positive views of self in Think Positive and Be Yourself. Units aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop their identity and self-esteem as active, confident citizens. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how to ask for help.

Our resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study, which is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. This scheme of work covers all the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2025 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

## Implementation

### **EYFS curriculum**

In Early Years PSED is mainly taught through a holistic, play-based approach allowing practitioners to respond in the moment, making learning more meaningful for our youngest children. Alongside this, run planned lessons that are adapted to meet the needs of each cohort. These lessons are taught through circle time, R-Time or whole class teaching where appropriate.

### **Y1-6 Curriculum Structure**

OAK's PSHE curriculum is taught in thematic units consisting of six lessons, with supporting materials including OAK unit planning, assessment statements, Learning Journey Record and display materials. These units are taught in a spiral curriculum that revisits each theme every two years. This enables children to

recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child.

### **Progression and Age-Appropriate Learning**

Our two-year spiral curriculum ensures progressive development of knowledge and skills. For example, when teaching about healthy relationships:

- **Years 1-2:** Children learn about different types of families and friendships, identifying what makes a good friend
- **Years 3-4:** Children build on this by exploring how to maintain positive relationships, manage conflicts and recognise when relationships are unhealthy
- **Years 5-6:** Children develop sophisticated understanding of relationship boundaries, consent, peer pressure and where to seek help

This approach ensures concepts are revisited with increasing complexity, allowing children to deepen their understanding as they mature.

### **Teaching Approaches**

Lessons signpost key words, building a rich vocabulary to develop understanding. Our PSHE units are designed for delivery in a creative manner, using many approaches such as role play, discussion and games in groupings of various sizes. These activities help to build confidence and are a great way for children to apply the oracy skills that we are developing in our Voice 21 project. Twinkl Life provides resources for communicating with parents and carers about how and why each theme is covered and suggestions for extending the learning at home. As PSHE lessons often involve sensitive, personal or sometimes challenging topics, we ensure that lessons are always taught by the class teacher, not a cover supervisor.

### **Inclusion and Differentiation**

We will ensure all pupils, including those with SEND, can access the PSHE curriculum through:

- Visual supports and concrete resources to support understanding
- Adapted vocabulary and simplified explanations where needed
- Small group or 1:1 pre-teaching for sensitive topics where appropriate
- Alternative recording methods (verbal, pictorial, practical activities)
- Liaison with our Riverbank and SENDCo team to ensure individual needs are met

### **Staff Support and Training**

Our PSHE subject leader will provide ongoing support to staff through:

- Staff training sessions, particularly for sensitive topics such as RSE
- Clear guidance on age-appropriate language and responding to questions
- Access to external training and resources
- Support in handling difficult questions or disclosures

Teachers will be equipped with guidance on creating a safe learning environment where children feel comfortable to ask questions and share their thoughts.

### **Assessment**

Assessment for learning opportunities are built into each lesson and enhanced by the Learning Journey Records included in each unit, which enable self-evaluation and reflective learning. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. End of unit assessment statements help teachers to decide if children are working at the expected standard. Summative assessments are recorded on DC pro and shared with parents in the end of term report.