

## Life experience menu

Know your full name, date of birth and address.	Bake a cake or cupcakes.	Change the bed linen.	Host a picnic. Host a picnic in the garden of your family.	Use the dishwasher/do the washing up.	Make a bug home.
Be a weather reporter. You can even be a weather reporter for the week and write down the weather for each day.	Learn your name in sign language.	Show an understanding of what to do in an emergency situation.	Go bird watching in the garden or from a window.	Learn to weed the garden	Safely peel and chop vegetables for dinner. (with supervision)
Make breakfast.	Plant it, grow it, eat it.	Identify British coins and notes.	Set the table for dinner and be a waiter/waitress for your family.	Send an email. You can use Purple Mash for this.	Tell the time to the nearest minute.
Be a photographer. Use a camera and take photos of your walk or when playing in the garden.	Learn to touch type. There is a unit for this on Purple Mash.	Learn a song in sign language. There are lots of these on Youtube.	Safely learn to use an iron. (with supervision)	Make a healthy meal. (with supervision)	Use the washing machine.
Find the name and contact of your local MP and write a letter about something you're passionate about.	Plan the weekly shop. Ask your parents what they plan to cook and write down the ingredients they will need.	Sew on a button or mend a hole in a sock.	Change the toilet roll each time it runs out.	Change a battery/lightbulb around the house.	Plan a holiday. Where? How will you get there? Where will you stay? What will it cost?