	Example from your work	I think	My adult thinks
Write in the first person			
Use past tense verbs to describe the events			
Include an introduction to set the scene			
Tell events in chronological order			
Include feelings and emotions			
Use a range of exciting vocabulary (powerful verbs, adjectives, adverbs)			
Use a range of conjunctions (including time conjunctions)			
Use a range of different sentence openers			
Use a range of punctuation (capital letters and full stops to show your			
sentences, commas after openers or to show embedded clauses,			
exclamation or question marks) Up-levelled sentences:			