

Brookside Primary School PE Skills Progression



	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Indoor	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance	Gymnastics Dance
	Swimming	Swimming	Swimming	Swimming	Swimming	
Outdoor	Striking and fielding games – T-Ball	Striking and fielding games – T-Ball	Invasion games – Hockey/Outdoor and Adventurous	Invasion Games – Football/Netball	Invasion games – Rugby/Netball	Invasion games – Rugby/Netball
	Athletics	Athletics	Net games – Volleyball	Net games – Badminton	Net games – Tennis	Net games – Tennis
	Invasion Games	Invasion Games	Striking and Fielding – Rounders	Striking and Fielding – Rounders	Striking and Fielding – Cricket	Striking and Fielding – Cricket
			Athletics	Athletics	Athletics	Athletics