

# Sex & Relationships Policy

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Approved By	
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Notes	



Brookside Primary School

Championing Children's Potential

## Policy for the Teaching of Sex and Relationships Education (SRE)

At Brookside Primary School we believe children should be well prepared for physical and emotional changes during puberty, which many begin to experience before they reach secondary school.

In order to do this there is a programme of lessons, planned with senior management and governors, and delivered by trained staff.

An important aspect to the safeguarding and protection of pupils from inappropriate contact by other people is that they learn the correct names for body parts and what kind of physical contact is acceptable and what is unacceptable.

Effective sex and relationship education helps young people learn to respect themselves and others, and to move with confidence from childhood to adulthood.

### AIMS AND OBJECTIVES

Parents and carers are the key people for their child's learning about sex and relationships, and Brookside will always work in partnership with home. Parents and carers need to know that the school's SRE programme will complement their role and support them in the education of their child regarding sex and relationships.

We will ensure that parents' and carers' views are heard and that taught SRE is culturally appropriate and inclusive of all of our children.

At Brookside, we have a commitment to ensure that our programme is relevant to all pupils and is taught in a way that is age and stage appropriate.

The objectives of Sex and Relationships Education at Brookside are:

- To gain knowledge and understanding
- To develop positive attitudes and values
- To extend personal and social skills
- To enable our pupils to make responsible, informed and healthy decisions about their lives, both now and in the future.
- To teach our pupils to respect themselves and others so they can move confidently from childhood through to adolescence and into adulthood.
- To provide a supportive learning environment in which pupils can develop their feelings of self-worth and confidence, especially in relationship to others.
- To teach the facts of sex within the context of loving, stable relationships particularly marriage.

### Teaching and Learning

#### Personal, social and health education (PSHE):

As part of PSHE in school, children in Reception to Year 6 are helped to develop a confidence in talking, listening and thinking about feelings and relationships. We use elements of the Jigsaw scheme of learning which is taught by the class teacher.

#### Science:

Legal requirements - we have a statutory duty to teach the following as part of the National Curriculum in Science.

As part of the science curriculum children learn to know the names of the different parts of the body and how their bodies work.

#### Key Stage 1 Science

- Notice that animals, including humans, have offspring, which grow into adults.

## Key Stage 2 Science

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird.
- Describe the life process of reproduction in some plants and animals.
- Describe the changes as humans develop to old age.
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

*Parents do not have the right to withdraw their child from these above aspects of the Science curriculum.*

Specific SRE lessons are delivered in Years 5 and 6 and cover the following themes:

### Year 5

#### 'Changes'

These sessions cover understanding the physical changes that take place during puberty, why they happen and how to manage them.

### Year 6

#### 'How the body works'

As part of the wider year 6 science topic 'Humans and other animals' children are taught basic facts about the human reproductive system.

These sessions include anatomical vocabulary, and the human lifecycle. The physical and emotional effects of puberty are also discussed.

Discussion and age appropriate resources are used.

**The girls and boys are taught separately;** they have the opportunity to ask questions which are dealt with sensitively.

To reassure the girls they are told that the year 5 and 6 female teachers are the point of contact for any support that is required during school time.

Teachers set clear parameters for what is appropriate discussion in a whole class situation e.g. no one (including the teacher) has to answer personal questions, the children are given opportunities to ask questions anonymously.

*If at any time a teacher or health professional is concerned that a pupil is at risk of sexual abuse they will inform the Head Teacher (see Safeguarding Policy).*

### Working with Parents

This policy is available to read on the school website.

Parents have the opportunity to view the resources used and discuss the content of lessons prior to them taking place.

### Equal Opportunities/Special Educational Needs

- Teachers are aware of and treat sensitively any pupils who come from cultures where it is only acceptable to speak about the body in single gender groups.
- Both boys and girls have access to the same information.
- Children with SEN have access to sex education at an appropriate level. This may be done as part of the whole class with extra adult support, or, if appropriate in a smaller group.
- Parents of children may be consulted if staff consider that there are issues relating from sex education.

This policy should be read in conjunction with the following school policies:

- SMSC Policy
- Safeguarding Policy
- SEND Policy
- Equal Opportunities Policy

### Monitoring and Evaluation

The Chair of Governors is responsible for the overview and review of this policy along with the Head Teacher.

This policy will be reviewed as a whole staff 2018/19 or in the light of changes to legal requirements.

Date: June 2018

**Data will be processed to be in line with the requirements and protections set out in the General Data Protection Regulation.**