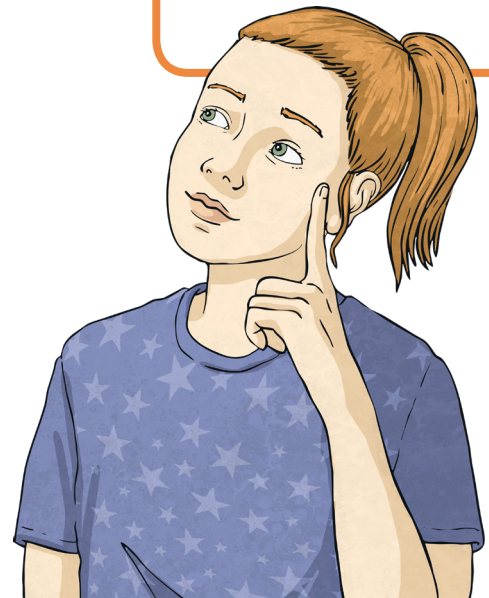
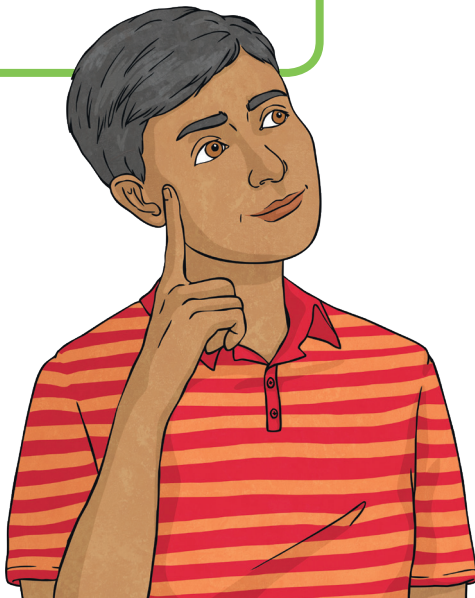
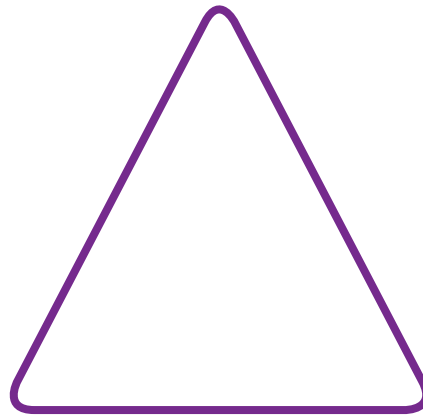


The Cognitive Triangle

Thoughts

Feelings

Behaviours



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).